



Furman University presentations

Your health and well-being are top priorities at Furman University. In partnership with our Prisma Health Employer Health Services team, we invite you to participate in two upcoming wellness learning opportunities:

On-site Wellness Center webinar: Learn everything you need to know about the On-site Wellness Center, completing your annual biometric screening, earning your medical premium discount and maximizing your on-campus wellness benefits.

Date: Wednesday, Sept. 30, 2026

Time: Noon–1 p.m.

Format: Virtual webinar

Webinar/Registration link: <https://furman.zoom.us/j/91285338069>

Women's Health: Navigating Menopause, Nutrition and Well-being: Join us for an engaging, supportive discussion focused on navigating perimenopause, menopause and beyond with practical lifestyle and nutrition strategies.

Date: Wednesday, Oct, 7, 2026

Time: Noon–1 p.m.

Location: Chapel Garden Room

We look forward to seeing you there!



PrismaHealth.org



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